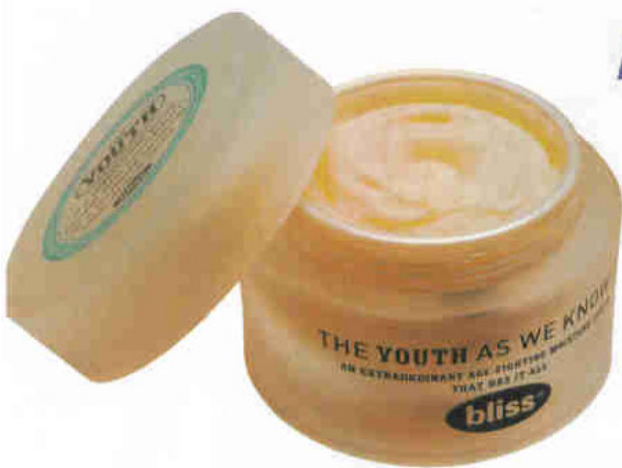


Beautyfile

Colours and coolers for the sunny season. By Gill Shaw



Absolute bliss

Richly whipped yet soufflé light, the latest skincare sensation from spa specialist (and pun-addict...) Bliss is entitled *The Youth As We Know It*. This all-singing, all-dancing moisturiser is a cocktail of Bio-wotsits and Vita-thingummys that's said to include the top ten age-fighting ingredients known to cosmetic science. Our tiny brain is far too fuddled with summer sun to make sense of all that,

but what we do know, punnily-enough, is that our dehydrated, once-dull skin utterly adores it.

The Youth As We Know It costs £54 for 50ml. For stockists, or a Bliss mail order catalogue, tel: 0808 100 4151; buy online at: (www.blisslondon.co.uk).

Go with the glow

If you're too sensible to get a real tan and too busy to fake one, you can still warm up your skintone with an easy-peasy instant highlighter.

Try new Clinique Up-Lighting (£17.50), in four sunny shades from Blush to Bronze. This glitter-free, sunlight-catching illuminator works beautifully, whether used neat over moisturiser or mixed with foundation for a gentle all-over glow.

For a sparkling effect on limbs, feet and shoulders, we love new Sisley Phyto-Touch Or (£36), a dry oil with gold and copper glitters that dries instantly to a satin-soft finish and looks fantastic on all skintones, whether sunkissed or pasty-pale. Scented with jasmine, tuberose and soft, precious woods, it's sunshine and summertime in a bottle.

For Sisley stockists, tel: 020 7591 6380; Clinique, tel: 0870 034 2566; buy online at: (www.clinique.co.uk).



Spray away

When you're out and about on a hot sticky day, there's no nicer way to freshen up than with a spritz of cooling, scented 'magic' water.

- Glorious, rose-rich Aquaspirit (£17), hydrates the skin with a delicious veil of softening oils.
- RMK Herb Mist (£14), in four fragrances - Lavender, Rose, Italian Lemon and Jasmine - refreshes and revives in one.

RMK, tel: 0207 659 2223. Aquaspirit, for mail order tel: 08709 055600; (www.chrisbar.com).



Cheek to cheek

Light as a whisper, Dior ProCheeks Ultra-Radiant Blush (£19), has a sensationally-soft texture that caresses cheeks with a fine veil of cream-to-powder, matt colour. Fresh-faced, natural-looking beauty guaranteed.



Beauty focus

Sheer lips for summer

Warm days herald a welcome return to lightweight textures and flattering, sheer shades that make lips look softer and fuller. From sticks to glosses, barely-there to colour-rich, simple shine to full-on sparkle, the choice is truly vast, so pull up a stool at a beauty counter or three, enlist the sales assistant as your personal makeup artist, and find out what really suits your colouring and style. Here's a small selection of our faves:

Glosses

- 1 If you can't resist a little glitter, pick a gloss with teeny-sized shimmering particles like Sisley Phyto Lip Star (£22). In subtle Sparkling Topaze the effect is full of volume and ultra glamorous, not over-the-top.
- 2 Excellent value, Boots No7 High Shine (£8), best in a rich, jammy shade like Berry, gives a sheer, natural-looking shine with good coverage
- 3 New Chantecaille Brilliant Gloss (£21), gives an extremely

