

# Family Life

## Fast



Compiled by MARIE TURBILL and SARAH DALE

## Style file

**STAND** out from the crowd in this gorgeous green coat, right.

The limited edition coat is £89 from Marks and Spencer.

Accessorise with a ribbon tie necklace, £12, and a black bandeau, part of a set, £5.

**NOW** you don't need to go to great lengths to have fabulous long hair, just Perfect Lengths. VO5 Perfect Lengths range of hair care and styling products has been specially developed to care for hair that is shoulder length or longer.

It includes a detangling creme, styling mousse, high gloss finishing creme and shine serum mist.

The shampoo and conditioner are £2.19 each and all the other products are £2.99 each.

**SPRITZ** away tired skin with a refreshing spray from Chrisbar Health.

Aqua Spirit is made from organic rose scented ingredients to refresh, stimulate and soften the skin.

Uncomfortable environments such as air-conditioned offices and crowded public transport can leave the skin feeling dry and this,

combined with atmospheric extremes at this time of year, make it a challenging time for our skin.

Aqua Spirit can give a helping hand by rehydrating with natural oils and calming ingredients to restore the skin to its



### REFRESHER:GHC

Aquaspirit body and facial mist



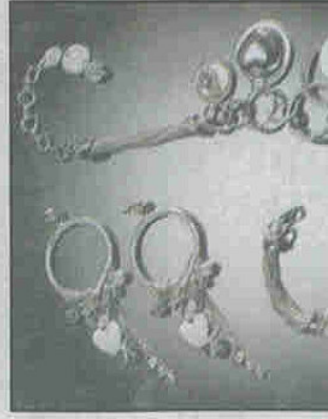
optimum condition.

It costs £17 and can be bought online at [www.chrisbar.com](http://www.chrisbar.com)

■ **CONGRATULATIONS** to the winner of our Valentine's Day competition to win a pack of beauty goodies from Skin Store.

Kellie Huckwell, of Egglecliffe, correctly answered that Valentine's Day is on February 14.

## Jewellery box



## Men's spot

**BUZZ** cuts are ultra fashionable for men at the moment, just look at Justin Timberlake and Freddie Ljungberg.

The new Remington High Precision Short Hair Clipper is great for creating super short cuts. There is a nanosilver coating on the blade for improved skin tolerance and a titanium coating on its moving blade.

It can be used cordless for up to 40 minutes. Included



**BARGAINS:**  
See Howard